



The Pulse

From the Principal

Dear Mount Barker Waldorf School,

I have just had the pleasure of spending some time in the warm heart of Australia for the Steiner Education Australia Delegates' meeting. This is the gathering where Steiner schools from around the country come together to share, discuss, and learn. On this occasion, we were welcomed by the Alice Springs Steiner School, and our meeting centred around the gift of working with local Aboriginal people in traditional practices of cooking and medicine-making, as well as being led on Country to deepen our understanding of place and story.

One vivid memory for me was standing at the fire, de-hairing a kangaroo tail (very hot work!) before cooking, skinning, and eventually eating it. It was sticky, earthy and real. I appreciated how our current actions were also informed by ancient traditions.

We were also led on Country by local Elder, Mali, who guided us to Anthwerrke (An-tur-ka), also known as Emily Gap. There, she invited us into mindful practices to connect with the spirits of place, and shared stories from the creation myths of her country alongside her own family's deep connection to the land. It was nourishing on many levels: the beauty and peace of the landscape, the deep listening to story, the generosity of the sharing with us and the soul connection to Country that opened in that space.

The meeting itself was full of rich exchanges, but perhaps my deepest learning was about time. To be fully present to the experiences offered, I had to let go of my usual sense of schedule and agenda. The lesson was clear: there is always time, if only we can learn to wait.

Here is a picture of the pool at Anthwerrke where we dipped our fingers, setting our personal intentions in a place where the spirits gather to listen – sometimes with reverence, sometimes with a little mischief.



Warmly,
Liam Waterford
Principal, Mount Barker Waldorf School



MOUNT BARKER
WALDORF SCHOOL

Term 3
Week 6 – 2025
Newsletter

Key dates this week

Tuesday 26 August

Classes 11 Australian Studies Main Lesson

Film Screening: The Australian Dream
IRC
9am-11am

Mary Poppins JR Performance

LAC
7pm-8.30pm

Wednesday 27 August

Mary Poppins JR Performance

LAC
7pm-8.30pm

Thursday 28 August

Mary Poppins JR Performance

LAC
7pm-8.30pm

Friday 28 August

Wear it Purple Day

MBWS School Fasching

Oval
1.15pm-2.30pm

Mary Poppins JR Performance

LAC
7pm-8.30pm

OSHC ~Afternoons Only

Monday-Friday PM

School finish-6.00pm
(\$30 flat rate)

To book, please email
oshc@mbws.sa.edu.au



Upcoming important dates

Tuesday 2 September

Class 5 Mambray Creek Camp

2 - 5 September 2025

Class 8, 9, 10 Japanese Language

Students Tea Ceremony Incursion

11am-3.15pm

Wednesday 3 September

Online Forum - Parent & Community

Code of Conduct

[ZOOM LINK HERE](#)

7pm-8pm

TERM 3, 2025

Monday 21 July to
Friday 26 September



If you have any feedback for the MBWS Board, please contact them via email at: secretary@mbws.sa.edu.au



MOUNT BARKER
WALDORF SCHOOL



Eurythmy for adults

**SESSIONS
ON
HOLD**



Friends of the Plant Nursery

Tuesdays:
9.15 – 10.45am

Meet at School
Plant Nursery



Beehive

Tuesdays
9am - 11am
Cafe and Shop

**PARENT CRAFT
ON
HOLD**



Yoga Thursdays

A slow pace yoga class
suited for everyone.

Teachers: 8–8.30am
Students: 8.30–8.55am
Parents: 9.15–10am

Upcoming Eurythmy Event at Our School

Passport to Everywhere

*Pacifica College of Eurythmy senior students
on tour*

from Samford Valley to Sydney. Adelaide Hills. Perth. and Yallingup.

*A rich collage of story, poetry and music brought to life
through the movement art of Eurythmy*

THU 4th SEPT 6:30pm Samford Valley Steiner School: Narrawa Rd, Wights Mt, QLD

TUES 9th SEPT 6:30pm Lorien Novalis School: 423-521- Old Northern Rd, Castle Hill, NSW

THU 11th SEPT 2:15pm Willunga Waldorf School: 1 Jay Dr, Willunga SA

FRI 12th SEPT 2:15 Mt Barker Waldorf School: 27 Sims Rd, Mt Barker, SA

TUES 16th SEPT 6:30pm Perth Waldorf School: 14 Gwilliam Dr, Bibra Lake, WA

Tickets \$20 and \$15, children free. Book online or buy at the door.

<https://collections.humanitix.com/passport-to-everywhere-pacifica-college-on-tour>

Enquiries: pacificacollege@gmail.com



PACIFICA COLLEGE OF
eurythmy

Member of the International Association of Eurythmy Trainings