



MOUNT BARKER
WALDORF SCHOOL

Term 2
Week 5 – 2026

From the Principal

Dear Mount Barker Waldorf School Community,

Autumn in the Adelaide Hills is a beautiful spectacle with the incredible colour show that nature puts on. While we have been enjoying some beautiful weather lately, the days have been getting shorter and colder as we move toward our winter months. I personally enjoy nights by the fire and rugging up to go outdoors and having lush green everywhere.

Before we know it, Spring will be upon us, and we all know that this means the Spring Fair is around the corner. On the day it brings the community together to celebrate all things spring, and it is the major event on our calendar. It also means a large amount of work behind the scenes every year to make it a success, and this can be quite daunting. I met with Spring Fair representatives from class four, who are tasked with organising the fair. We discussed how the event went last year, and how we can make it sustainable moving forward.

Following that discussion, the key points that we are moving forward with are as follows:

- Less focus on fundraising and instead a focus on creating a great community event.
- A more sustainable load for those involved in organising this event.
- Involving more suitable outside food vendors to relieve the pressure on parents.
- Reducing the hours of the fair from 10am to 2pm which are the popular times.
- Keeping the core elements of the fair but pare back the stalls or events that have made the event difficult to manage.
- Having multiple ways that parents can help dependant on your availability, including having some one hour slots for some stalls or being able to distribute pamphlets in their local area as examples.
- Opening up to all parents across the school to support in any way that they can.

More information will come out shortly but with the philosophy of 'many hands make light work,' we will continue to have our cherished fair continue for years to come.

I want to finish by thanking everyone who has made me feel so welcome. From staff and parents to students, I could not have asked for a better start. I look forward to sharing your child's educational journey with you over the coming years.

Warmly,
Roger Moreton
Principal

Key dates this week

Tuesday 26 May

Class 10 Excursion

Adelaide Holocaust Museum & Andrew Steiner Education Centre

Wednesday 27 - 29 May

Class 4 Camp

Woodhouse Adventure Park

Wednesday 27 May - Wednesday 3 June

National Reconciliation Week

ALL IN for Reconciliation

Thursday 28 May

MBWS AGM

Have you registered?



Friday 29 May

Class 9 & 10 Excursion - Select Students

Volleyball at Aberfoyle Park High School

Key dates week 6

Monday 1 June - Wednesday 3 June

Class 3 Camp

Narnu Farm - Hindmarsh Island

Tuesday 2 June

Wear It Yellow Day

Gold coin donation

Wednesday 3 June

Lowitja O'Donohue Oration

Selected Year 12 Students

Thursday 4 June

Kindergarten Information Session

9:30am - 11:30am LAC

Friday 5 June

Student Free Day

Report writing



TERM 2, 2026
Tuesday 28 April
to
Friday 26 June

Playgroup

18months to 3 year olds

Join us to take your first step from home into our community. Our Playgroup is a warm space to begin building meaningful connections which lead to friendships you'll take with you into the school years beyond.

Here toddlers and their caregivers enjoy play, loving interaction and nourishing homemade food, story and song.

We currently have places available, please contact office@mbws.sa.edu.au for more information.



Early
Years



Class
7

Chicken Coop

Over the past term, Class 7 have been hard at work rebuilding our school chicken coop. What makes this project extra special is that the coop was originally started by the current Class 7 students back when they were in Class 3, making it exciting for them to now return years later with new skills and maturity to help bring the project to completion.

Students have been learning practical skills such as safe tool use, measuring, planning and construction, while also developing teamwork and responsibility through working on a long-term shared project. A huge thank you to parent volunteers Kelvin and James for generously giving their time and expertise each week. The project has become a wonderful opportunity for students to 'breathe out' from classroom learning, spend time outdoors together, and experience the satisfaction of seeing many small pieces slowly coming together into something meaningful and real. Watch this space... chicken residents arriving soon!

Tess Franson
High School Teacher



Why Eurythmy? The Vital Benefits for Your Growing Child

Anna Kotanidis

Primary
School

At first glance, Eurythmy may look like a simple movement class, but it is often described as a "massage from the inside out". In a Waldorf school, we offer Eurythmy because it directly supports the child's physical health, emotional balance, and social development in ways no other subject can.

The Immediate Benefits for the Child:

Physical Vitality: Eurythmy supports the child's 'life body'. By engaging the limbs in specific rhythms, it stimulates healthy breathing, heart rhythm, and blood flow—the very foundations of a vibrant, healthy organism.

Emotional Regulation: By focusing on the breath, Eurythmy helps regulate the nervous system. This supports children in finding their emotional centre, helping them navigate the "ups and downs" of the school day with greater resilience.

Cognitive 'Digestion': After a morning of intense academic learning (the Main Lesson), Eurythmy provides a necessary period of "movement digestion". It allows the intellectual concepts to be fully incorporated into the child's physical and emotional development.

The Social Art: Unlike competitive sports, Eurythmy is a collaborative art. Each student is a vital part of the whole-class "form". This practice develops a deep sense of social responsibility: the child learns that for the group's movement to be beautiful and successful, they must be fully present and supportive of their peers.

The Australian Steiner Curriculum: The Rationale

To understand how this principle lives in the classroom, we look to the national standards:

"The rationale for teaching eurythmy to the students in Class 2 is to help them develop an intrinsic understanding of the connection between the world and the human being... It provides an opportunity for students to integrate and harmonise their cognitive, emotional, and physical growth processes—both within themselves and as members of a community."

The Practice: Forms and Tools

We use specific geometric forms and materials to ground the children's experience:

Geometric Movement: Exercises like the Cassini Curve or the Five-point start help develop coordination, balance, and spatial awareness.

Copper Rods: Copper is a material that naturally responds to heat. We use these tools to help children develop physical precision & a grounded sense of their own place in space.



Eurythmy is a profound, physiological, energetic science and a creative, soulful, living performing art. It brings a sense of lightness, a variety of energetic movements, and harmony to the student's learning journey, helping them grow into balanced, socially aware individuals.

Class 12 Project

How does musical theatre influence self-confidence and society?- Ruby



My name is Ruby, and I have been part of the Waldorf school community since Kindergarten. Over the years, this school has become a place where I feel safe, supported, and encouraged to be myself. As a student who experiences many learning challenges and sometimes feels different from others, being in such a nurturing environment has meant a lot to me.

For my year 12 project, I will be exploring musical theatre across different decades. Each month I will focus on musicals from a particular era, examining elements such as costumes, music, and cultural influences. I will also be writing short autobiographies about some of my favourite singers, including Ariana Grande and ABBA, as well as completing song studies to better understand the meaning and impact of the music.

As part of the community aspect of my project, I will be performing the role of Belle in Beauty and the Beast. This role is particularly meaningful to me, as Belle's story has helped me through some personal challenges. Issues that many young people experience but are not always discussed. Through my project, I hope to raise awareness and encourage conversations about these important topics.

Exploring Cosmetic Chemistry - Ava

My name is Ava, and I am currently in Year 12 at Mount Barker Waldorf School. I have been part of the school community since playgroup, and throughout my time here my curiosity and love for science have continued to grow.

Some of my earliest memories involve exploring nature, playing with bugs and chickens, and later experimenting with fire and chemistry throughout primary school. In high school, this developed further through more complex scientific experiments, including titrations and laboratory work. Because of this, when it came time to choose my Year 12 project, I knew I wanted to continue exploring the world of science.

For my project, I have chosen to investigate cosmetic chemistry, with a particular focus on natural approaches to formulation and product creation. Through this research, I hope to develop a deeper understanding of cosmetic formulas, ingredients, and the science behind creating effective products. I also hope to apply this knowledge towards developing a product of my own inspired by what I learn along the way.

At the moment, one of the challenges has been finding connections within the cosmetic chemistry industry. I would love to hear from anyone in the community who has experience, knowledge, or an interest in cosmetic chemistry, skincare formulation, natural products, or related scientific fields. Whether you are experienced in the industry or simply passionate about the topic, I would be incredibly grateful for the opportunity to connect and learn from you.

If you would like to get in touch, please contact the school office at :office@mbws.sa.edu.au

Thank you for your support, and I look forward to sharing more of my journey, discoveries, and scientific wonder throughout the year.

Ava



Around our School

Host families required for Japanese students and teachers

We are excited to welcome students and teachers from our Waldorf sister school, Kyotanabe Steiner School in Japan, from Sunday 9 August to Sunday 16 August.

We are seeking 12 host families for this volunteer homestay opportunity. Host families provide meals and a place to sleep. Students may have their own room or share a room with a host sibling.

This is a wonderful opportunity for students who participated in the Japan Trip, or who may wish to join a future Japan Trip. We benefited from the generous hospitality of families in Japan last year, and hosting is one way we can continue these meaningful reciprocal programs.

All household members aged 18+ will need a Working With Children Check, which the school can assist with. Eri Brown will be the main point of contact and will support host families throughout the visit.

Please contact Eri Brown by Friday 19 June (week 8)

eribrown@mbws.sa.edu.au

Emerging Matilda's Championship

Evie-Mae competed in the Emerging Matilda's Championship in Melbourne recently. She was named as Captain of the South Australian team and led the SA team to its best finish in 7 years, making it through to the quarter-finals.

She scored the opening goal of the tournament for SA and overall had a fantastic learning experience.

Congratulations Evie-Mae, we're so proud of your achievements!

Eleanor Waterford
Assistant Principal



MBWS Event



Kindergarten information session

Discover an early education that nurtures
imagination, strength and natural wonder.

Thursday 4 June 9.30am
- 11.30am
Living Arts Centre (LAC)



(08) 8391 0411
office@mbws.sa.edu.au
27 Sims Road, Mount Barker

Kindergarten information session

Come and experience the purposeful, play-based curriculum that
nourishes and enriches your child's whole being.

Our teacher-led Kindergarten information morning will open your
eyes to Waldorf education and the warmth and care we bring
your children.

This morning experience is for parents only.

Applications are for children
turning 4, 5 and 6. To enrol in 2027,
attendance is required.

Please RSVP by Monday 2 June, 2026.

Online at mbws.sa.edu.au/book-a-tour
or email us at office@mbws.sa.edu.au



MBWS by Moonlight

Dear High School Parents,

We look forward to our Moonlight Events
soon. **Please ensure you have put this
date aside, all High School students are
expected to join us** and are planning what
they will share such as Camp Celebrations,
Project updates and other learning.

See you soon!

Eleanor Waterford
Assistant Principal

Cathy Burnard
Middle School Chair

Nic Massacci
Senior School Chair





WORKSHOP INCLUDES

- GUIDANCE THROUGH EACH STEP OF DOLL MAKING
- NATURAL MATERIALS PROVIDED
- A WARM CUPPA TEA ☺
- A RELAXED AND WELCOMING ATMOSPHERE

COST: \$135 INCL. MATERIALS (HAIR AND CLOTHING EXTRA — AVAILABLE IN STORE)

LIMITED PLACES AVAILABLE.

TO BOOK, CALL KELLY ON 0411450654

WALDORF DOLL MAKING WORKSHOP MAY / JUNE

Come and spend a couple of gentle days creating a beautiful handmade doll, stitched with care, warmth, and intention. Simple natural dolls invite imagination, nurture emotional connection, and become deeply treasured companions through childhood. A lovingly handmade doll carries something special within it, the quiet gift of time, thoughtfulness, and love from the hands that made it.

Waldorf dolls are intentionally simple and soft in expression, allowing the child's imagination and feelings to bring the doll to life. Through open-ended play, children develop creativity, empathy, nurturing qualities, and emotional resilience.

**WORKSHOP 1 23RD & 30TH MAY
WORKSHOP 2 13TH & 27TH JUNE**

BRING YOUR HANDS, YOUR HEART, AND LEAVE WITH A HANDMADE TREASURE FOR YOUR CHILD.



Community News & Events

Ashton Steiner Playgroup

Dad's Workshop: Ashton /Summertown

All Dad's, Uncles, Granddads welcome - babes in arms only

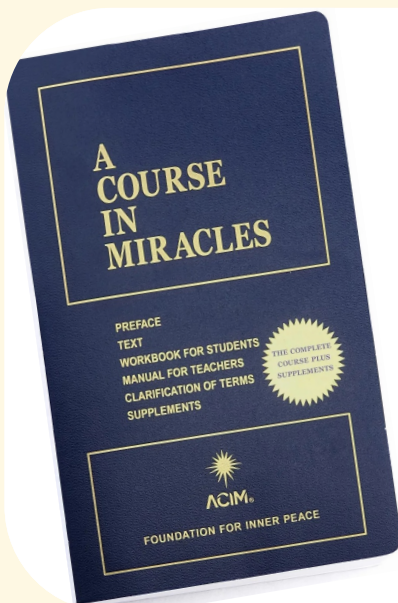
Saturday June 13th

1.30pm - 3.30pm Ashton

More info visit:

<https://www.facebook.com/kate.mindfulfamilylife/>

https://www.instagram.com/mindful_family_life/



Study group commencing June – all welcome

A Course In Miracles (ACIM) is a unique spiritual self-study program designed to awaken us to the truth of our oneness and remove the blocks to the experience of love, peace and connectedness.

There are many benefits to studying this text with others in a supportive, committed and safe space.

This study group will meet fortnightly on a Wednesday afternoon, commencing 17 June:

Time: 12 – 2.30pm

Cost: \$15 per session paid in advance quarterly

Location: Mount Barker

Please contact Sabina on 0402 154 104 for more information or if you're ready to take a leap of faith!

WHAT'S ON!

at your Community Centre

June 2026

Date

Time

Centrelink and NDIS Your Questions Answered <i>National Law Week with Uniting Legal Service</i>	Friday 22nd May	10.30am
Gut Health Workshop	Saturday 23rd May	2 - 4pm
Rekindle A local Reconciliation Week celebration Open Mic - Campfire - BBQ At Flaxley Woven 1909 Strathalbyn Road Flaxley Bookings not required	Saturday 23rd May	6 - 10pm
Glow Within Winter Sound Bath	Wednesday 10th June	Afternoon session: 2-3pm Evening session: 6-7pm
The Gathering Place <i>Peer support for women who have experienced family and domestic violence</i>	Wednesday 10th and 24th June	11am - 12.30pm
She Thrives Peer Group for women	Thursday 11th and 25th June	10am - 12pm
Friendship and Connection Free 7 week program	Starts Monday 15th June	9.30am—12.30pm
Mount Barker Floral Art Group	Thursday 18th June	1.30 - 3.30pm
Introduction to Woodworking for Women Laratinga Community Shed	4 week course starts Friday 19th June	10am - 12.30pm
Mount Barker Mens Group	Every Thursday	10am - 1pm
Silk Scarf Painting Workshop	Wednesday 17th June	10.30am- 12.30pm

Bookings essential for all events. Most events can be booked online:

<https://events.humanitix.com/host/mtbcc>



MOUNT BARKER
COMMUNITY CENTRE

Like us and share [W mtbcc.org.au](https://www.mtbcc.org.au) 83912747 enquiries@mtbcc.org.au | 3 Dumas Street Mount Barker SA 5251

Did you know the Mount Barker Community Centre...

... offers volunteer opportunities

- Reception team at the Community Centre
- Duck Flat Community Garden
- ReVamp Shop
- Laratinga Community Shed
- The Haven - Womens Information Service

... co-ordinates, facilitates and supports

- Acting Out Troupe – have fun with acting!
- Community Connections Program
- The Haven Mount Barker, Women's Information Service 0439 002 785
- Laratinga Community Shed 0439 827 046
- Duck Flat Community Garden
- Community Services Forum and Adelaide Hills Youth Sector Network
- Life Drawing 0412 944 526
- Re Vamp Gift Shop, open 9.30am – 4pm Monday - Friday
- Mount Barker Men's Group 0499 013 773
- Nairne Nifty 50s+ 0402 775 088
- JP Service
- Emergency relief program and Macclesfield Community Pantry
- Mount Barker Floral Art Group

... conducts short courses, workshops and leisure classes

- Digital skills
- Qigong, yoga and chair yoga
- Exercise classes including chair based and Strength for Life
- Canasta
- Painting, mosaic and craft groups
- School holiday activities
- Cooking workshops
- Cultural programs
- Creative Writing programs
- Gardening and sustainability workshops
- Quilting, Boomerang Bags, Sewing and craft groups
- Wellbeing programs
- Walking Football
- Indoor petanque
- Youth Programs
- Community Information Sessions

... has facilities for hire

- Mount Barker Community Centre
- Duck Flat Community Garden and Kitchen

... offers child care

- Family House Child Care - 8391 5059



MOUNT BARKER
COMMUNITY CENTRE



Like us and share [W mtbcc.org.au](http://mtbcc.org.au) [P 83912747](tel:83912747) [E enquiries@mtbcc.org.au](mailto:enquiries@mtbcc.org.au) | 3 Dumas Street Mount Barker SA 5251